

The Chest X-Ray

For: Nottingham SCRUBS 26th August 2006
By: Mathew

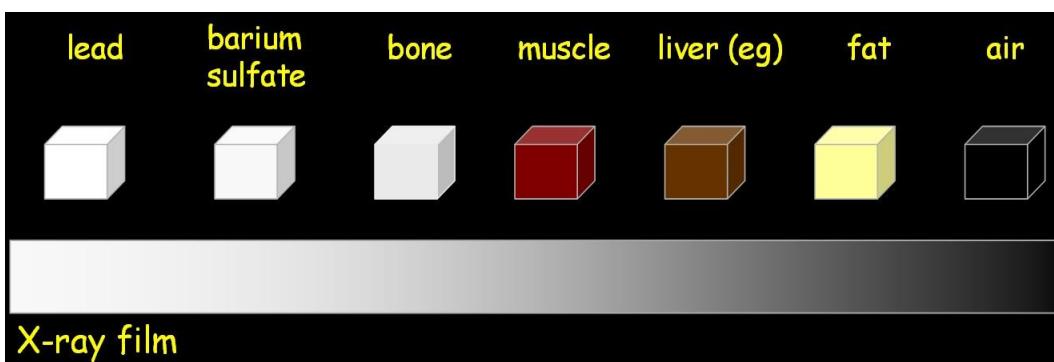
Contents:

- Densities
- Techniques
- Anatomy
- CXR Interpretation
- Common Pathologies
- Questions

Aims of this teaching:

- Basics
- Best exam results
- Appreciate the role radiology plays
- ? Instil an interest in radiology

1. Densities



The big two densities are:

- (1) **WHITE** - Bone
- (2) **BLACK** - Air

The others are:

- (3) **DARK GREY** - Fat
- (4) **GREY** - Soft tissue/water

And if anything MAN-MADE is on the film, it is:

- (5) **BRIGHT WHITE** - Man-made

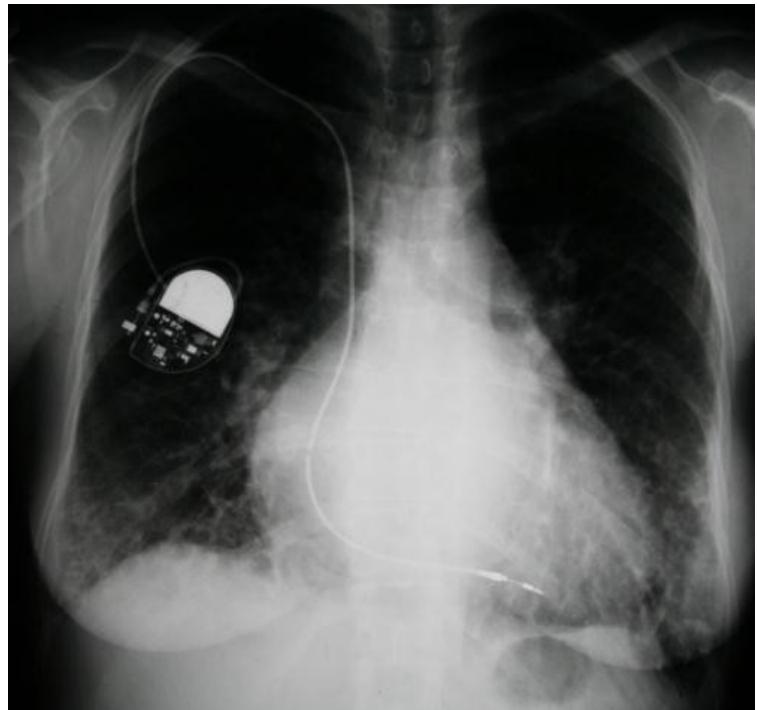
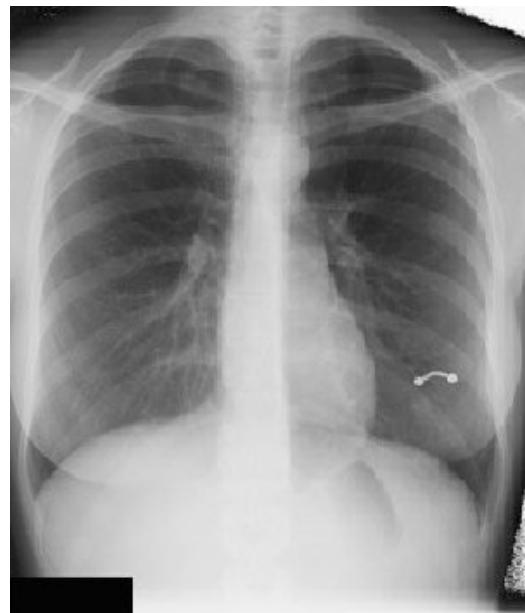
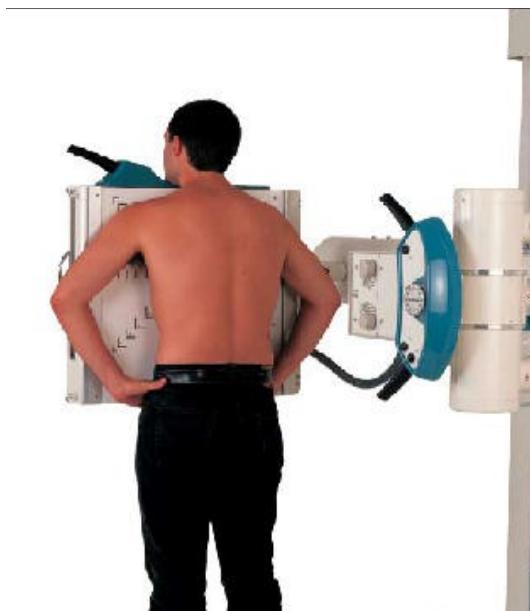


Figure 2 - Different densities on Chest X-Ray

2. Techniques – Projection

2.1 P-A (relation of x-ray beam to patient)



2.2 A-P - Supine / Erect

2.3 Lateral



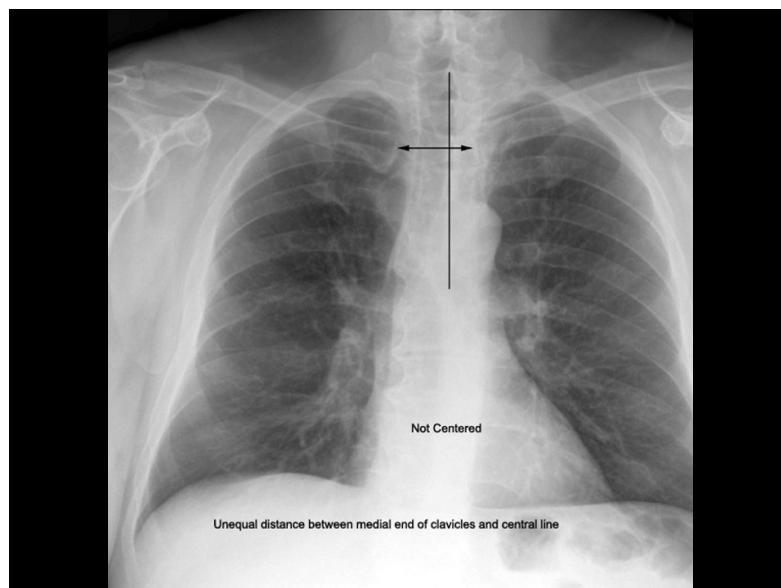
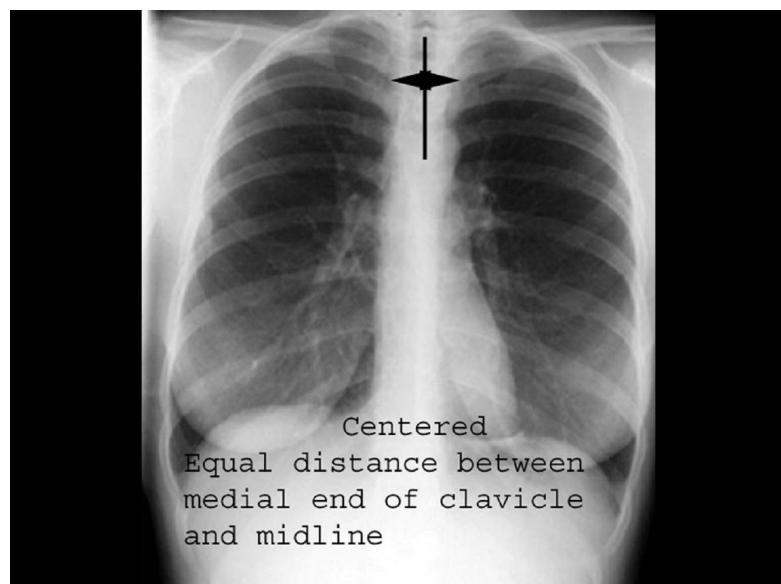
2.4 Lateral Decubitus



2.5 Oblique

2.6 Orientation

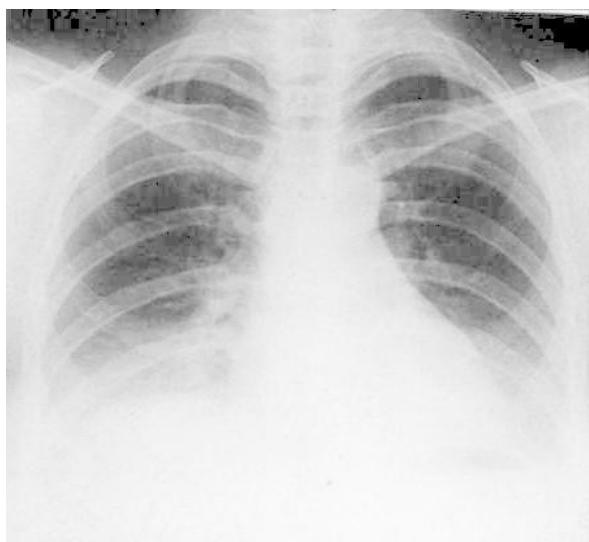
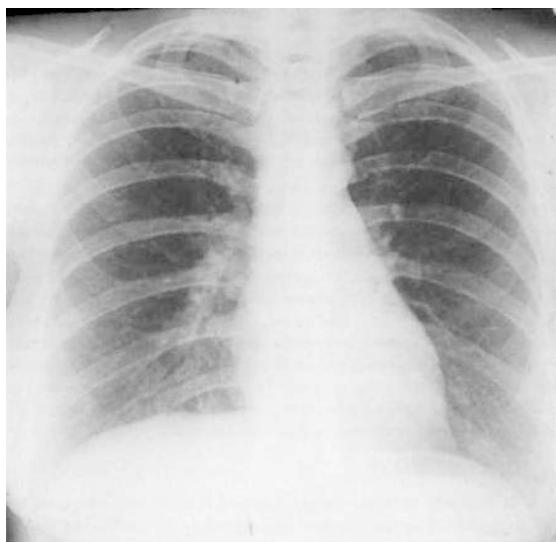
2.7 Rotation



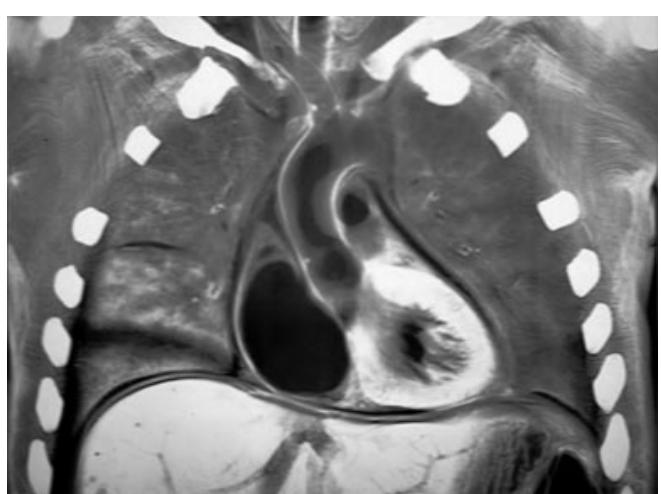
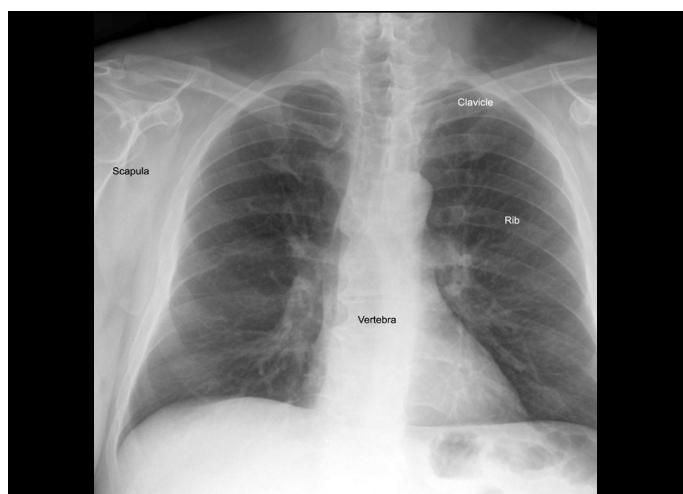
2.8 Penetration



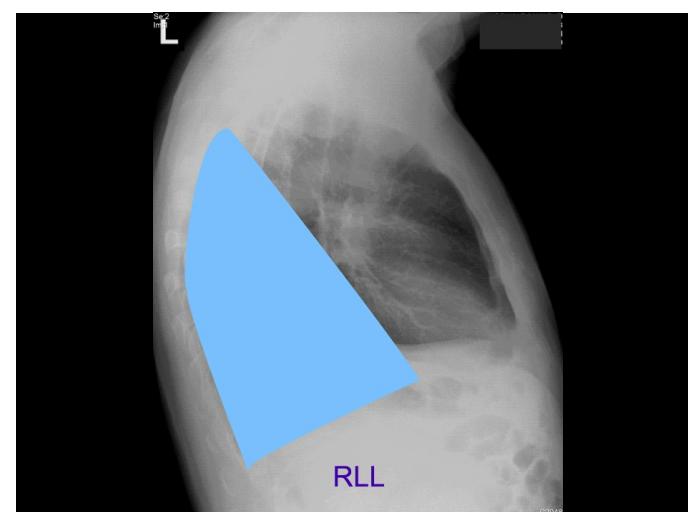
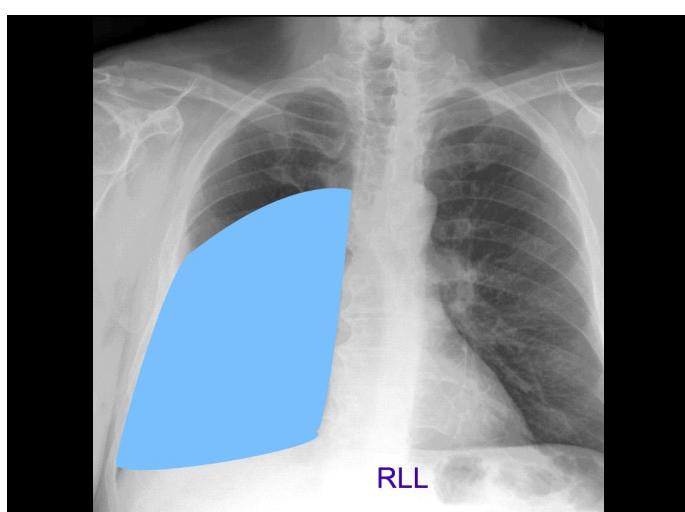
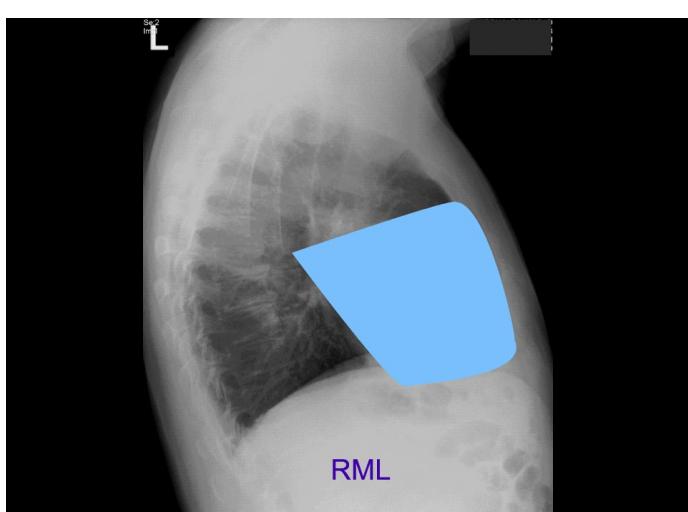
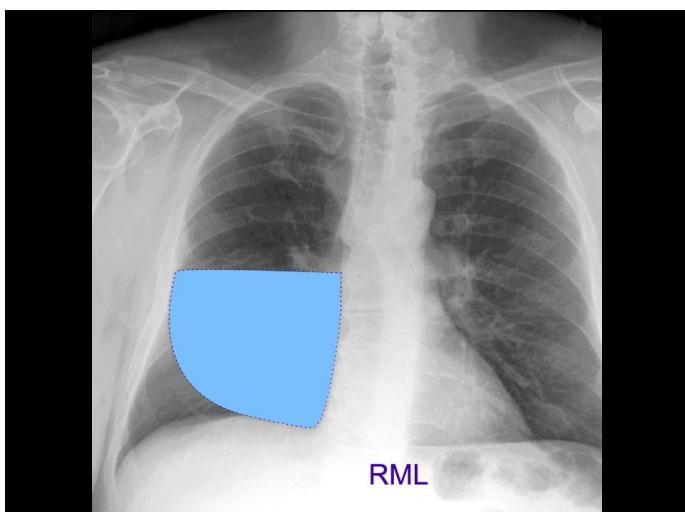
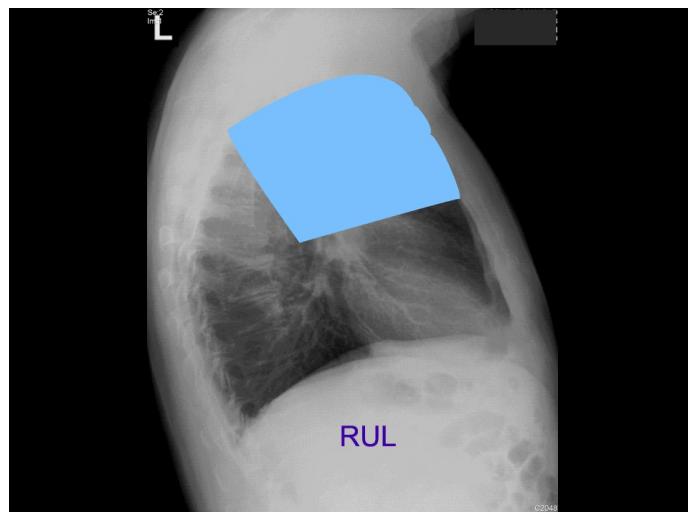
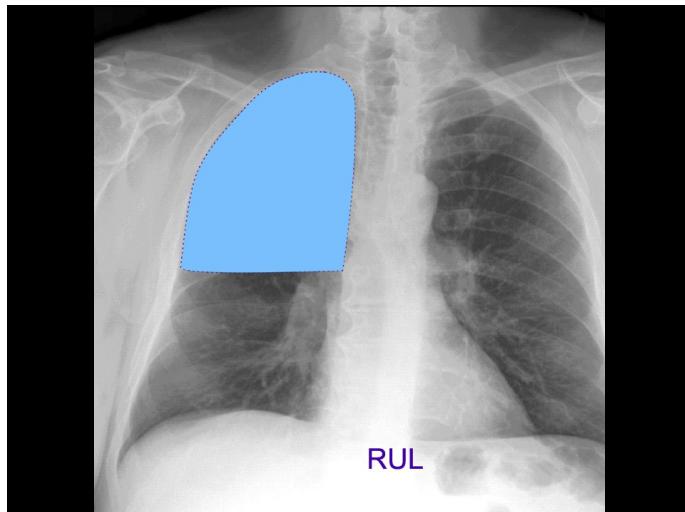
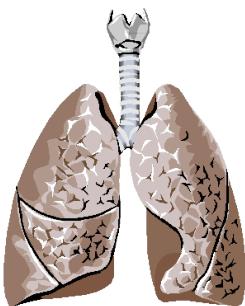
2.9 Inspiration/Expiration

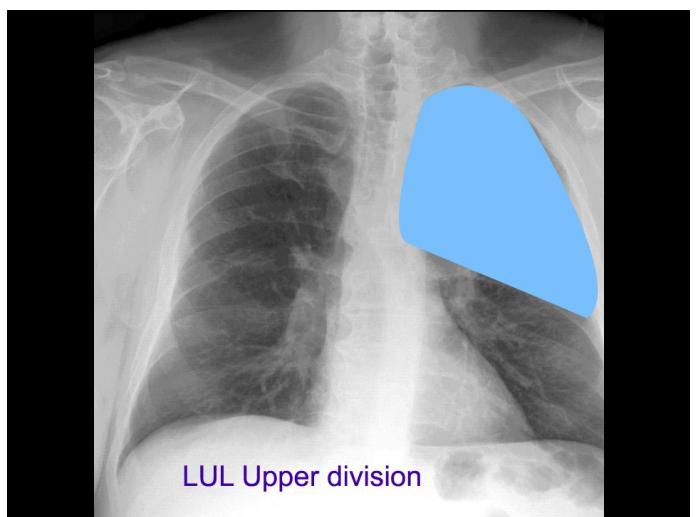
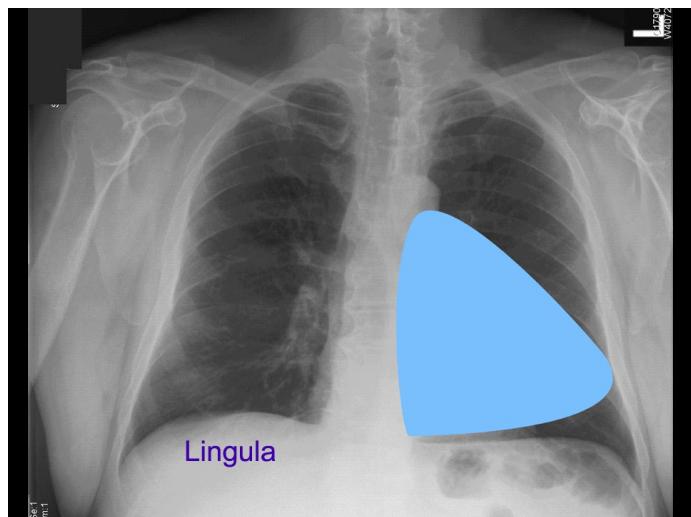
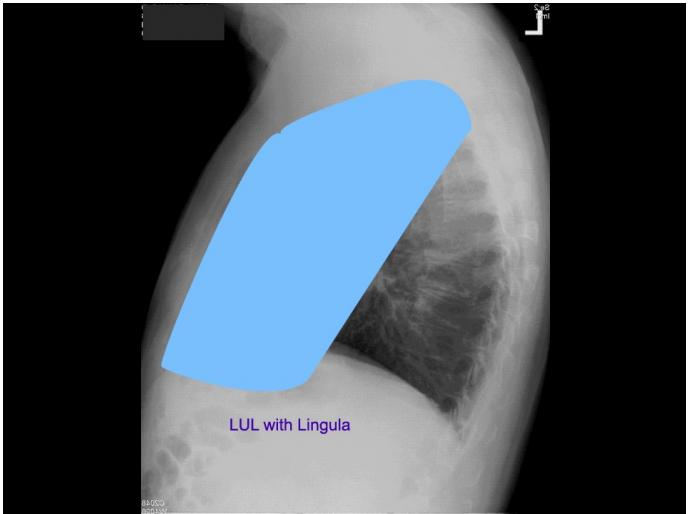
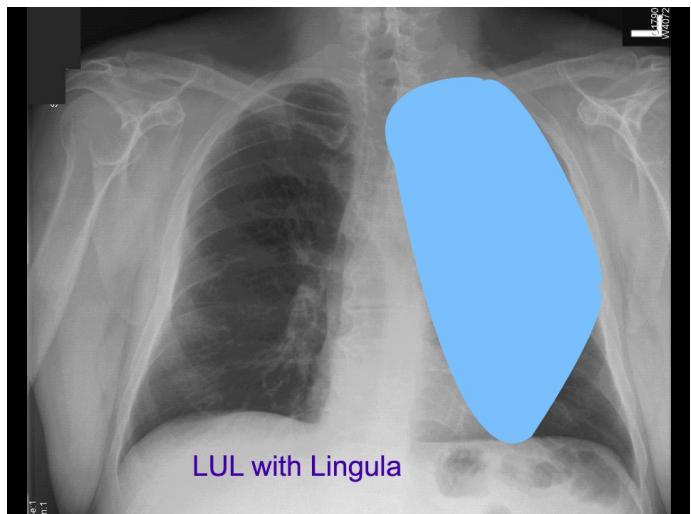
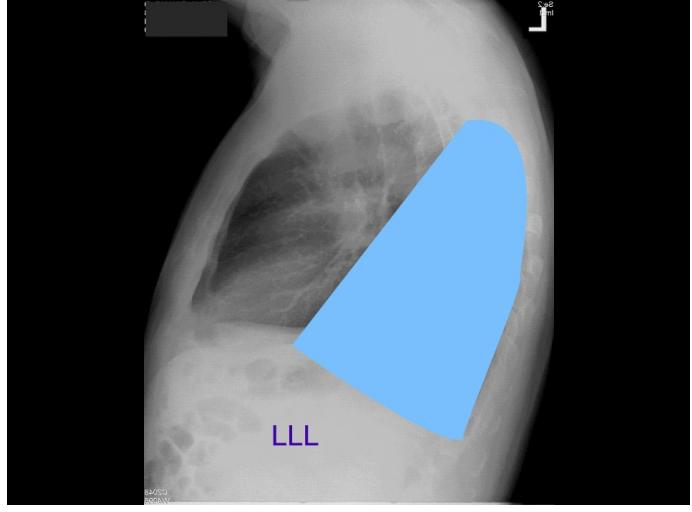
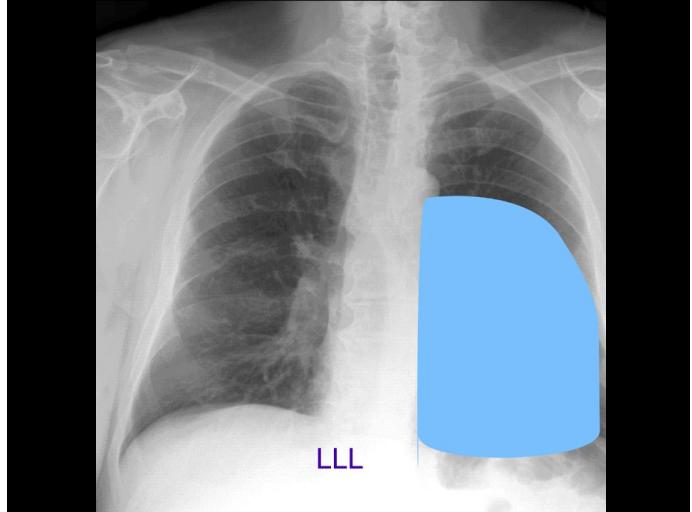


3. Anatomy



3.1 Lobes





3.2 Pleura

Layers

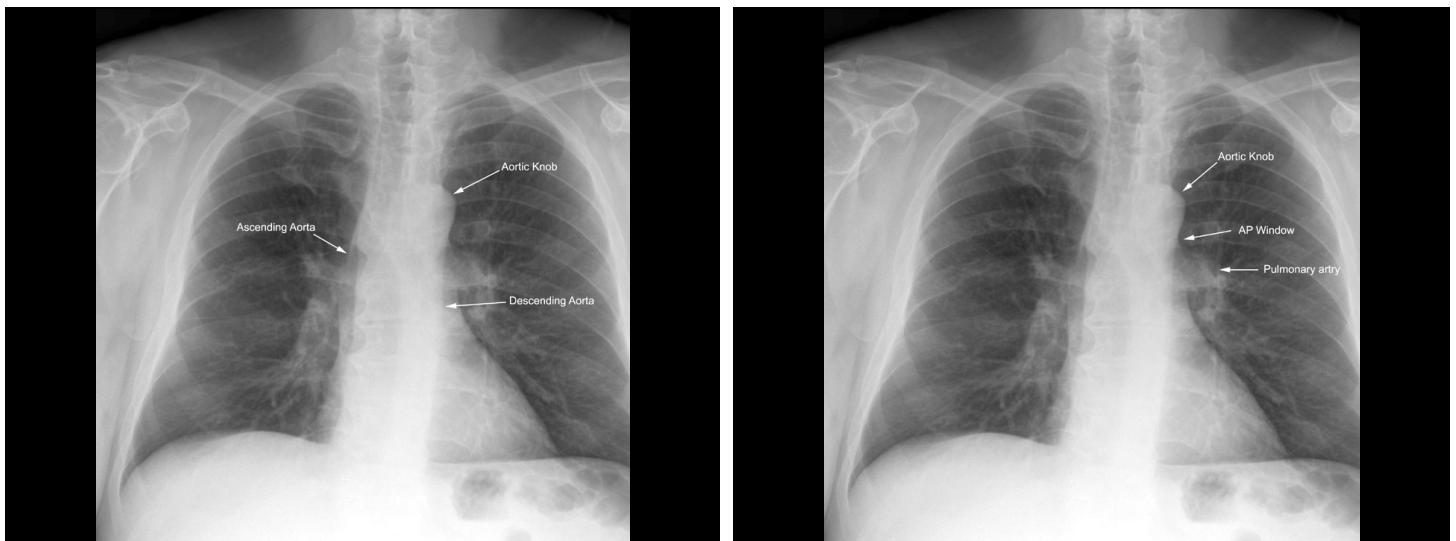
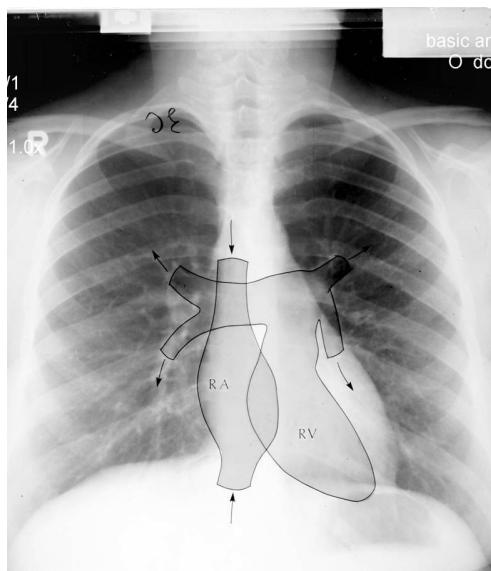
3.3 Heart

Right border = Edge of (r) Atrium

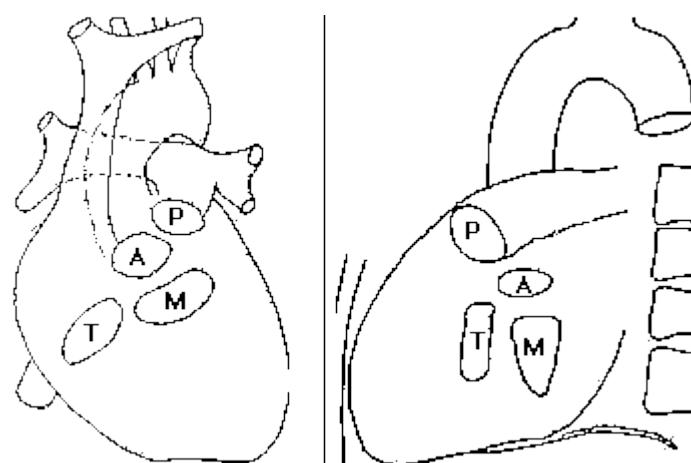
Left border = (l) Ventricle + Atrium

Posterior border = left Ventricle

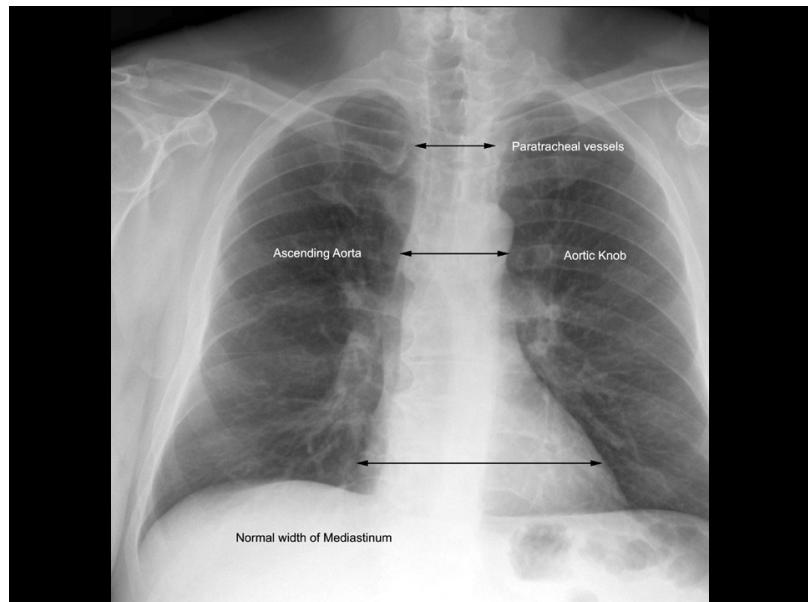
Anterior border = right Ventricle



3.4 Valves



3.5 Mediastinum



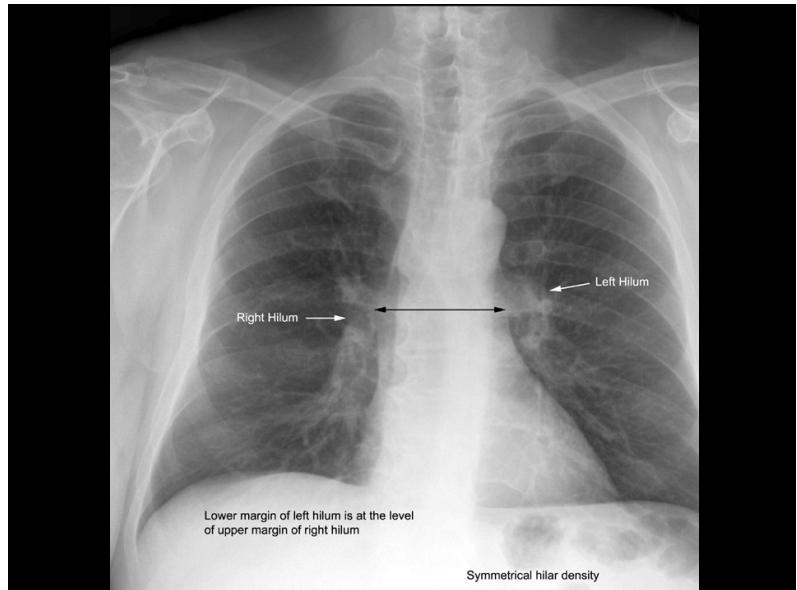
3.6 Hilum

Made of:

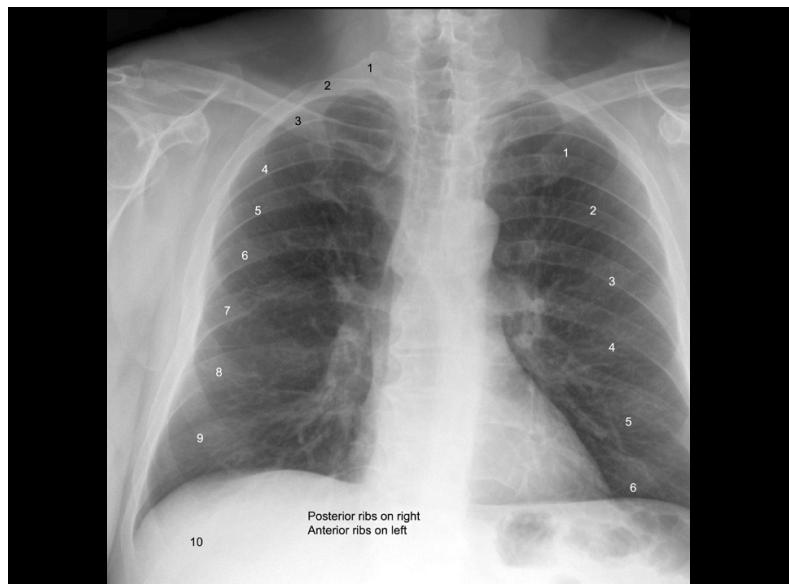
- (1) Pulmonary Art. + Veins
- (2) The Bronchi

Left Hilus higher (max 1-2,5 cm)

Identical: size, shape, density

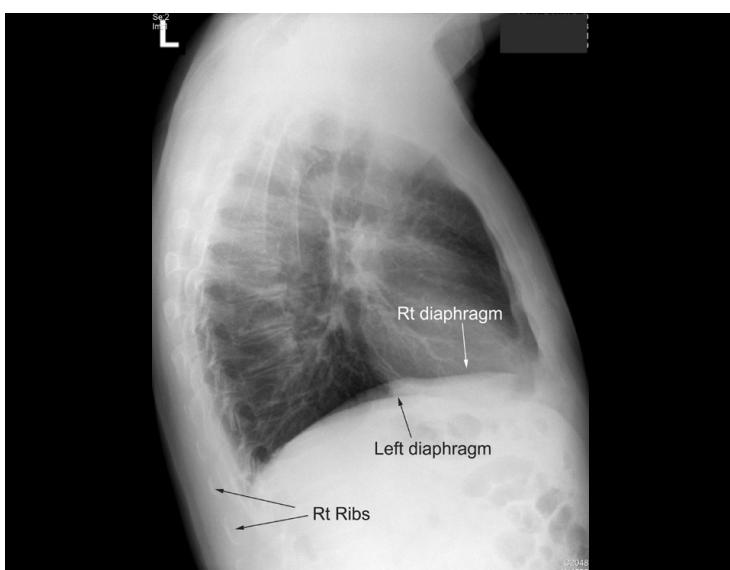
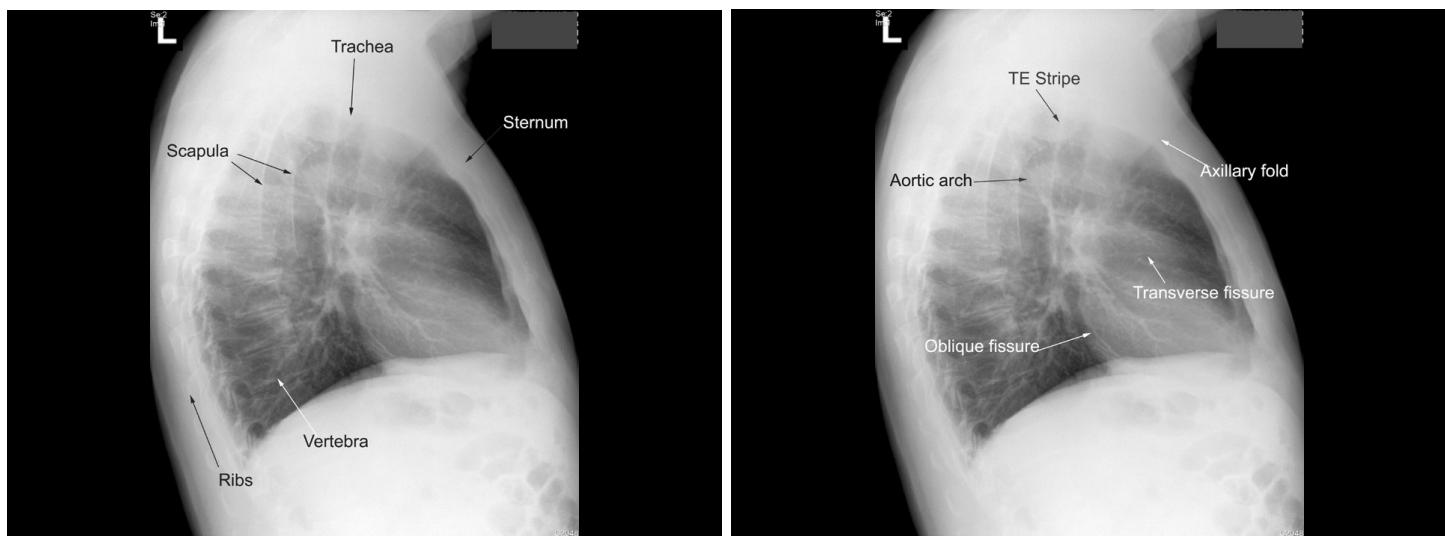
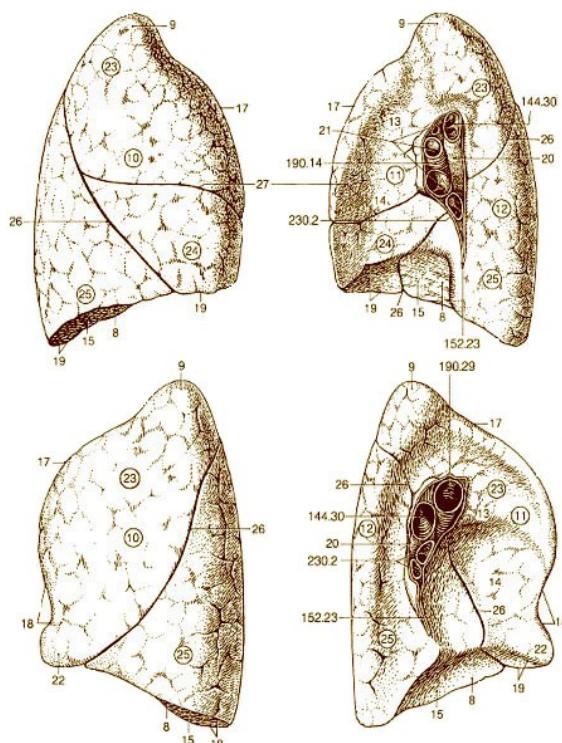


3.7 Ribs



3.8 Soft tissues & Bones

3.9 Lateral CXR



4. CXR Interpretation

4.1 Technical Details

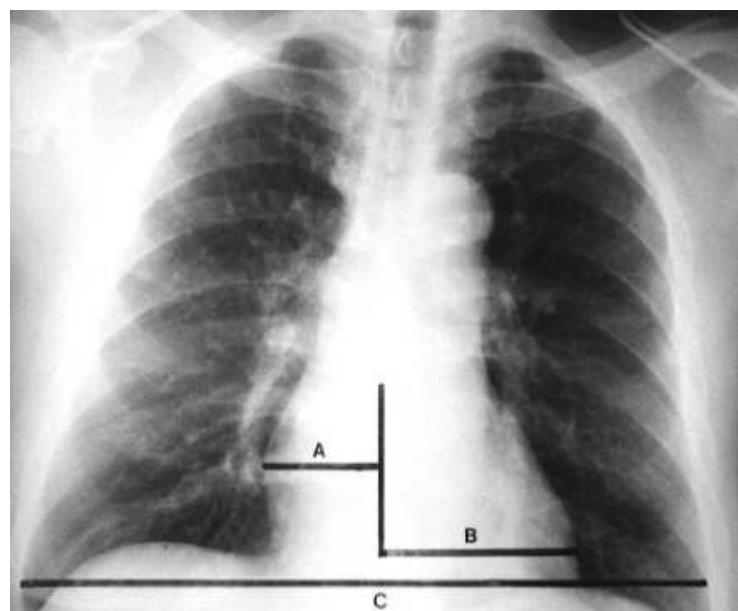
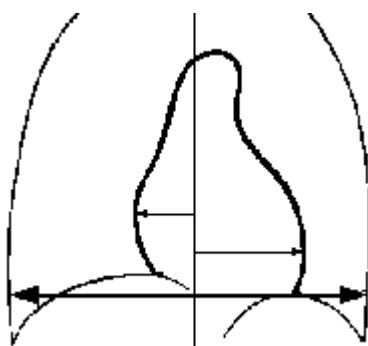
- Type
- Orientation
- Rotation
- Inspiration/expiration
- Penetration

4.2 Lungs

- Density
- Symmetry
- Lesions

4.3 Heart

- Size of heart
- Size of individual chambers of heart
- Size of pulmonary vessels
- Evidence of stents, clips, wires and valves
- Outline of aorta and IVC and SVC



4.4 Mediastinum

- Width
- Contour
- AP window

4.5 Hila

- Size
- Location

4.6 Review areas

- Apices
- Behind the heart
- CP angles
- Below the diaphragm
- Soft tissues (breast, surgical emphysema)
- Ribs & clavicle
- Vertebrae

Identify the lesion → localise the lesion → describe the lesion → give DD

Never stop looking, carry on with your systematic approach!!

5. Pathology



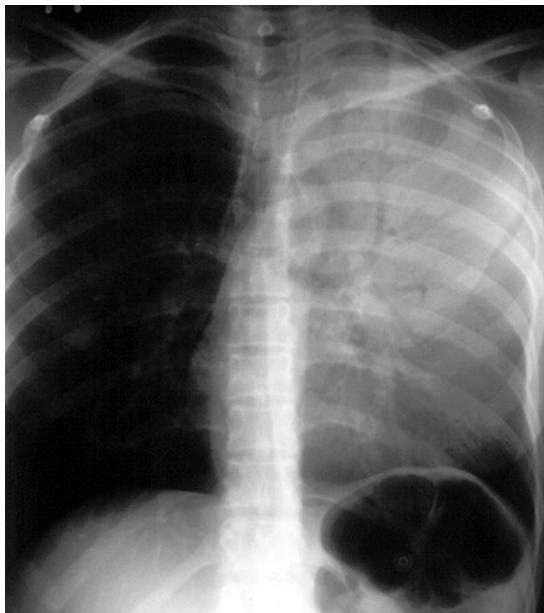
RUL Pneumonia



RML pneumonia



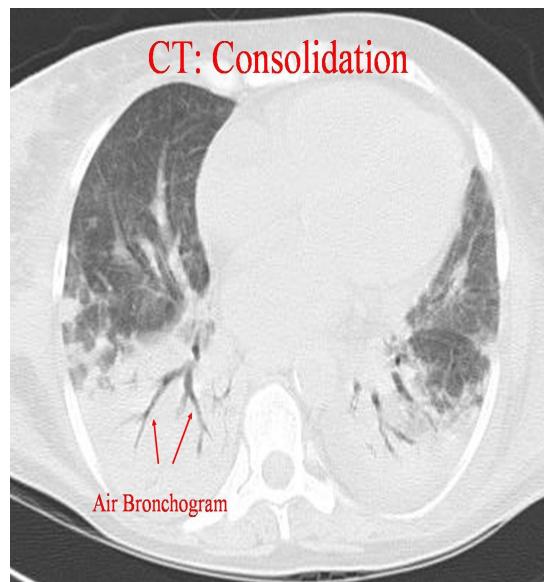
RLL Pneumonia



LUL pneumonia



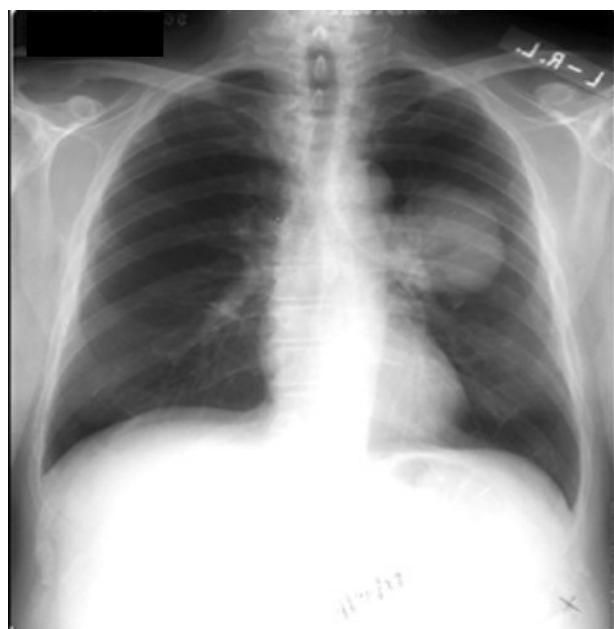
LLL pneumonia



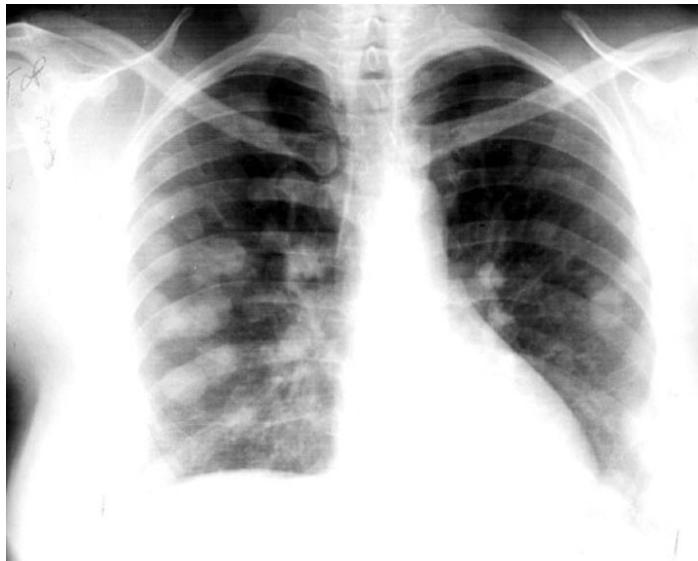
Consolidation on CT

Causes of Enlarged Hila:

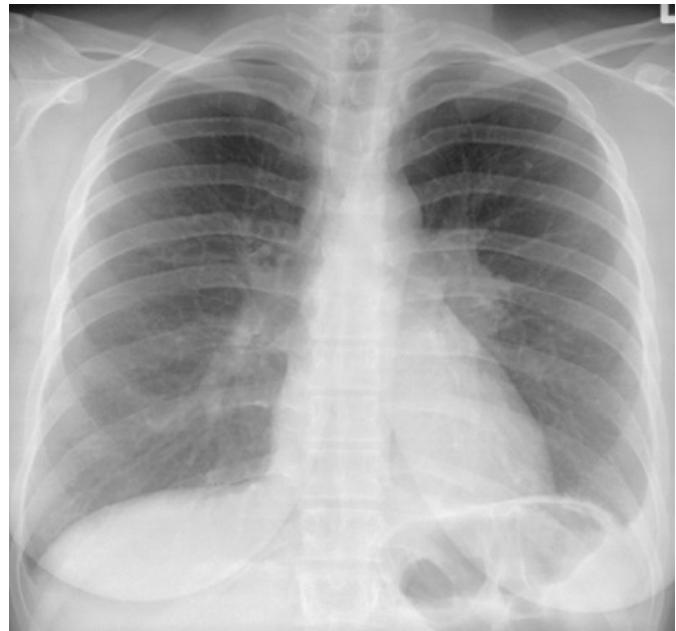
1. Adenopathies (neoplasia, infection)
2. Primary Tumor
3. Vascular
4. Sarcoidosis



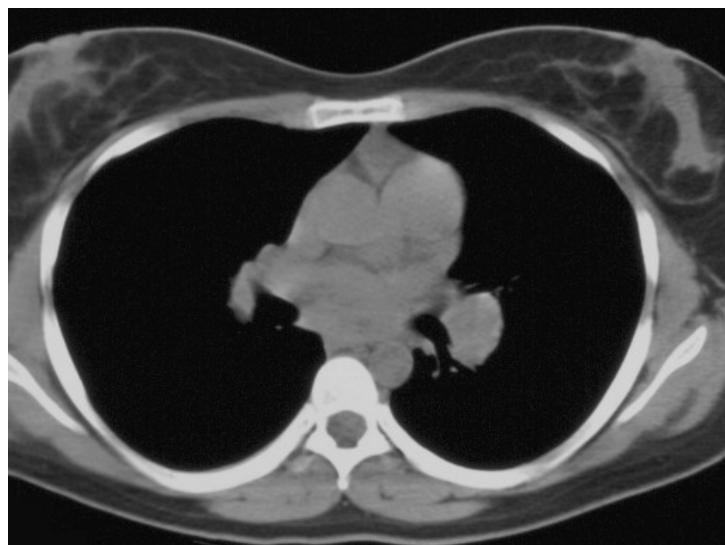
Hilar mass lesion



Multiple Masses



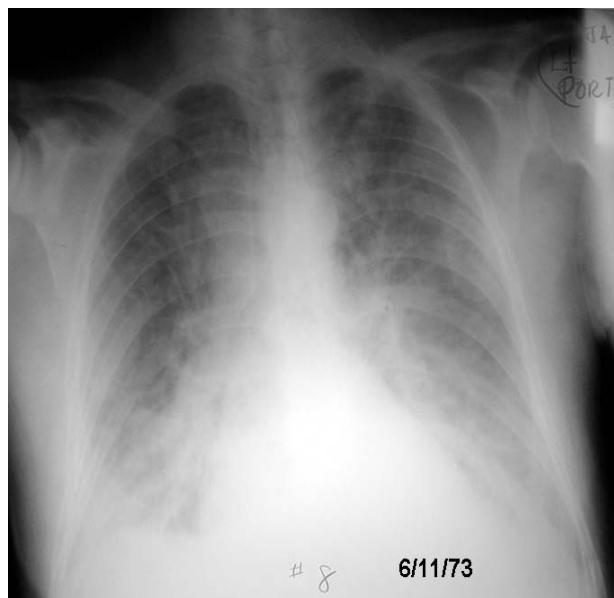
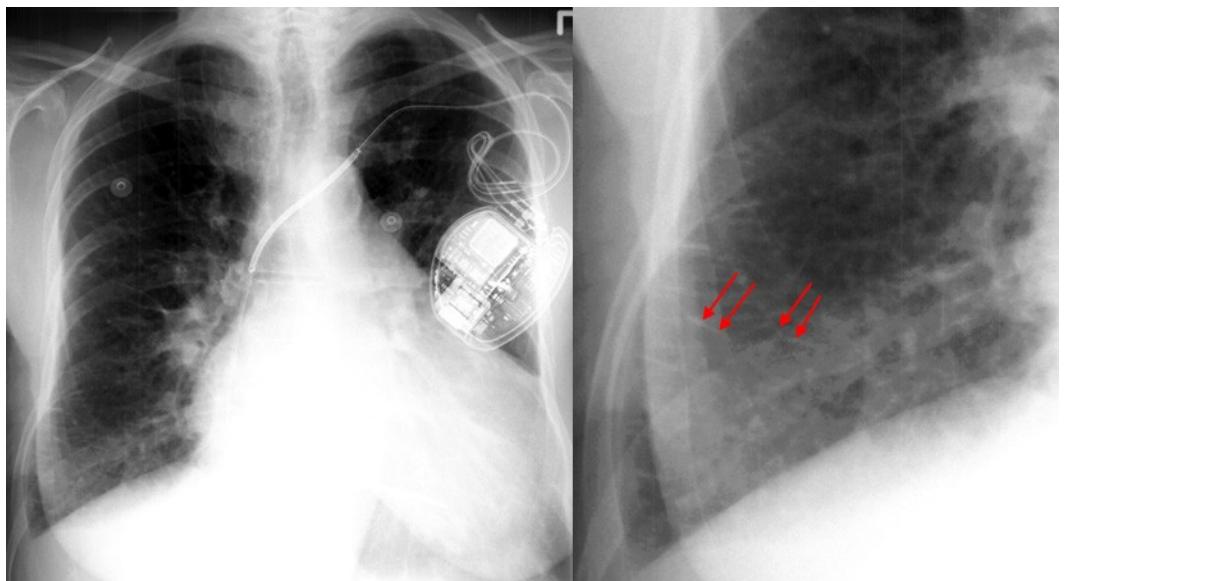
Hilar Lymphadenopathy - BL



Pleural Effusion



Pulmonary Fibrosis



Heart failure



Pneumothorax



RUL Collapse



LLL Collapse



Air under the diaphragm



Emphysema



Cervical Rib



Cervical Rib



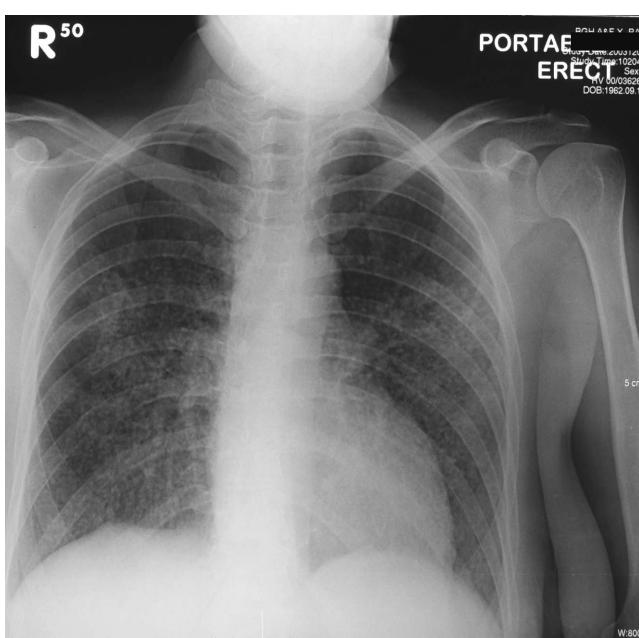
Cavitating lesion



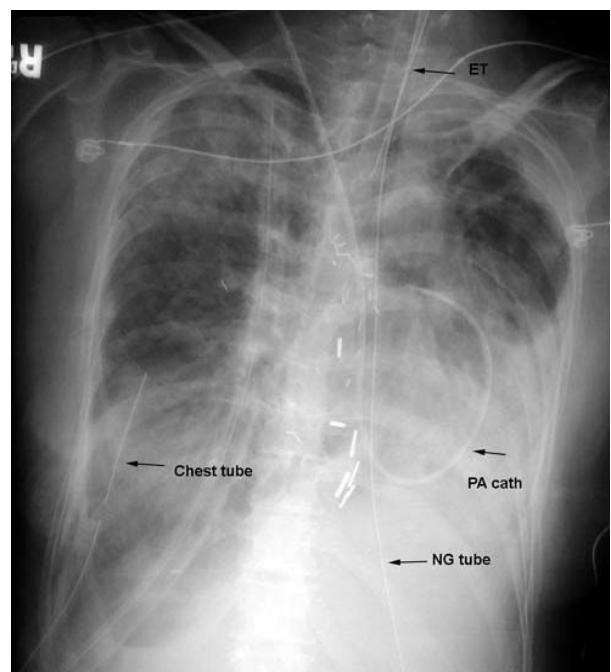
Hiatus hernia



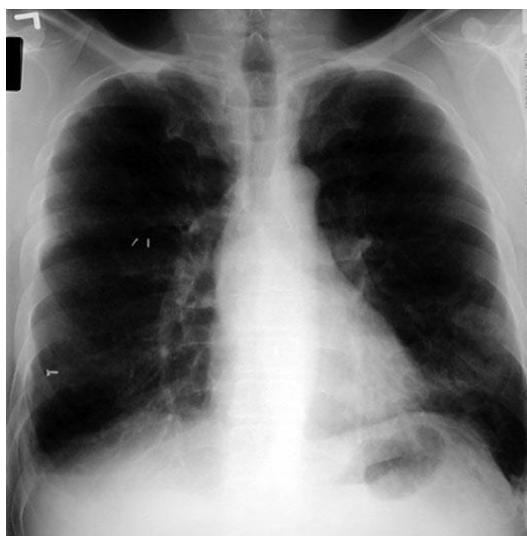
Hiatus hernia



Miliary shadowing



Chest tube, NG tube, Pulmonary artery catheter



Dextrocardia

The end of CXR talk.